FOOT RAIL FORD F150 SUPER CREW (2004-2018)



START HERE! READ ME FIRST

Don't be a hero and muscle through this installation without reading these fitting instructions first! Improper installation of this gear may void certain aspects of your warranty.

Before you begin, take a moment and open all your Front Runner rack kit boxes and gather the assembly instructions for the various components.

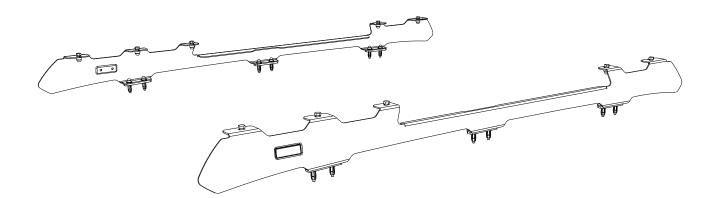
A complete kit will contain:

1. A Front Runner Mounting System specific to your vehicle

2. A Front Runner Rack Tray or Load Bar Slats

This document will guide you through the assembly of the mounting system and assist you in fitting the roof rack tray or load bars to your specific vehicle.

Please refer to the next page for a list of all the components, quantities and tools required.



IMPORTANT WARNING! 🖄

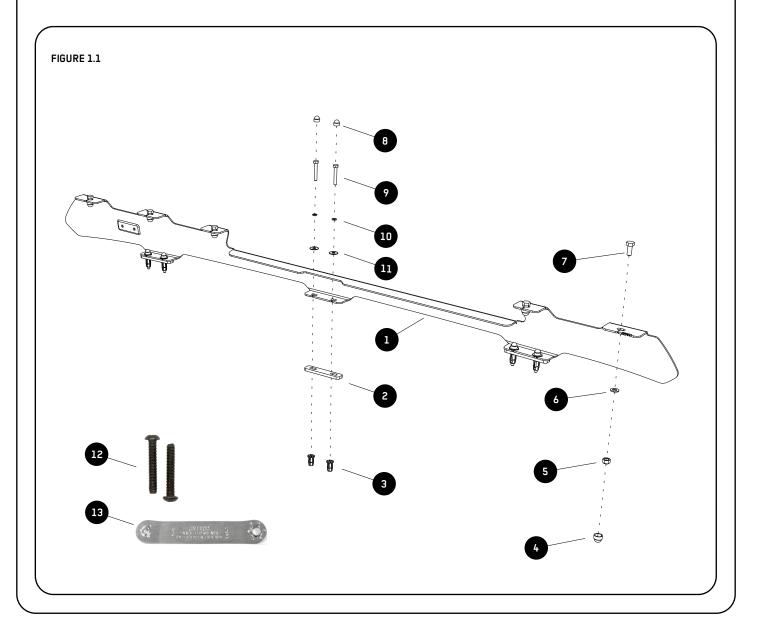
IT IS CRITICAL THAT ALL FRONT RUNNER PRODUCTS BE PROPERLY AND SECURELY ASSEMBLED AND ATTACHED TO YOUR VEHICLE. IMPROPER ATTACHMENT COULD RESULT IN AN AUTOMOBILE ACCIDENT, AND COULD CAUSE SERIOUS BODILY INJURY OR DEATH. YOU ARE RESPONSIBLE FOR ASSEMBLING AND SECURING ALL FRONT RUNNER PRODUCTS TO YOUR VEHICLE, CHECKING THE ATTACHMENTS PRIOR TO USE, AND PERIODICALLY INSPECTING THE PRODUCTS FOR ADJUSTMENT, WEAR AND DAMAGE. THEREFORE, YOU MUST READ AND UNDERSTAND ALL OF THE INSTRUCTIONS AND PRECAUTIONS SUPPLIED WITH YOUR FRONT RUNNER PRODUCT PRIOR TO INSTALLATION OR USE. IF YOU DO NOT UNDERSTAND ALL OF THE INSTRUCTIONS AND CAUTIONS, OR IF YOU HAVE NO MECHANICAL EXPERIENCE AND ARE NOT THOROUGHLY FAMILIAR WITH THE INSTALLATION PROCEDURES, YOU SHOULD HAVE THE PRODUCT INSTALLED BY A PROFESSIONAL INSTALLER OR OTHER QUALIFIED PERSONNEL.

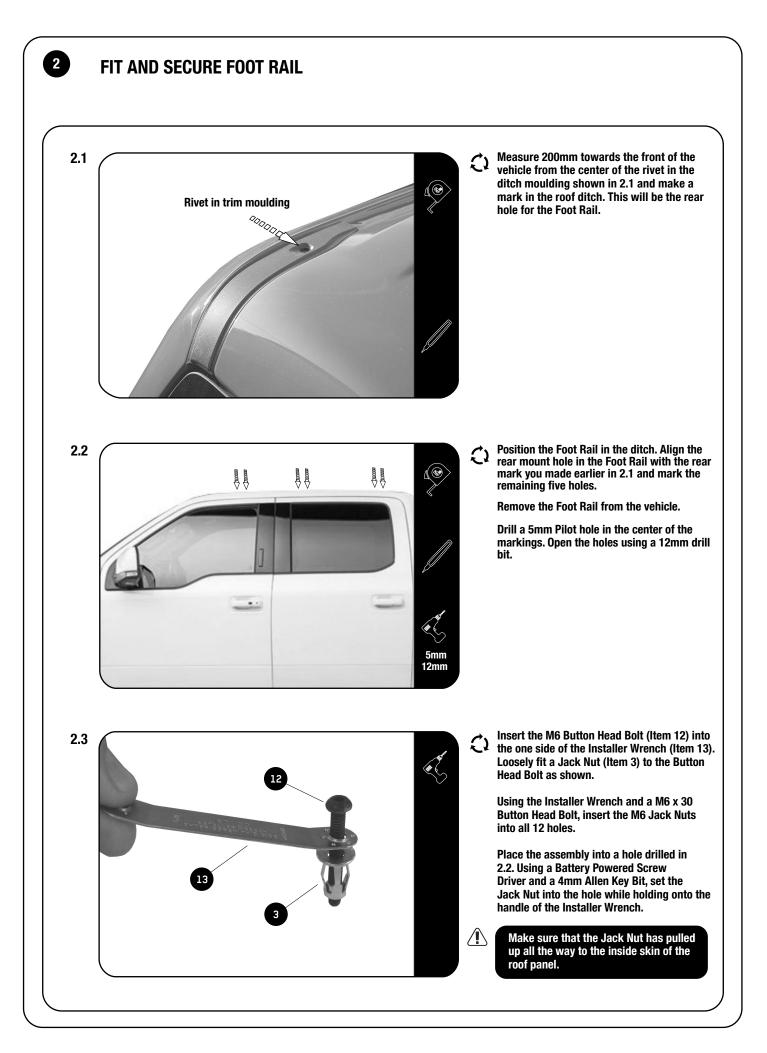
NOTE: Front Runner will not be responsible for any damage caused by the failure to install the product according to these instructions. Please call us if you have any questions about the installation of this product.

GET ORGANIZED

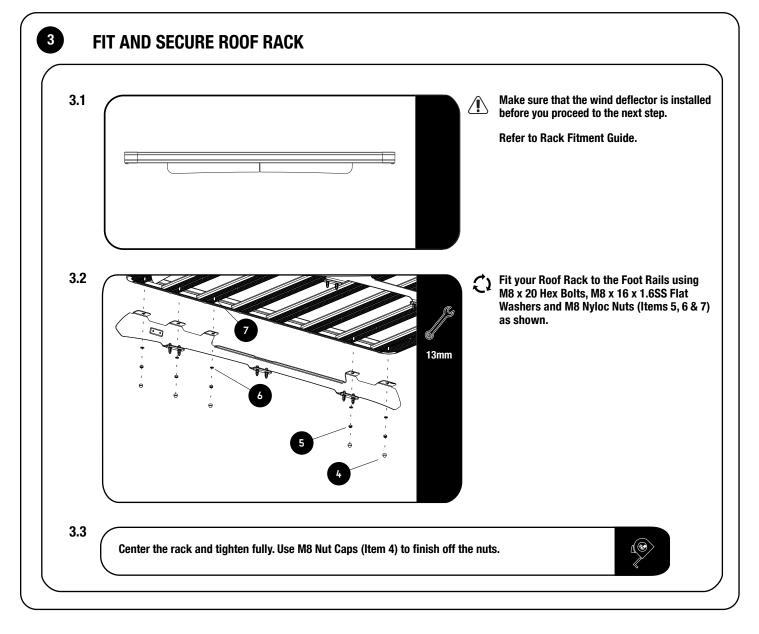
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IN THE BOX			TOOLS NEEDED	TOOLS NEEDED		
1	2 X	Foot Rail 1LH + 1RH				
2	6 X	Spacer				
3	14 X	M6 Jack Nut	10mm			
4	10 X	M8 Nut Cap	│			
5	10 X	M8 Nyloc Nut				
6	10 X	M8 x 16 x 1.6SS Flat Washer				
7	10 X	M8 x 20 Hex Bolt	5mm			
8	12 X	M6 Nut Cap	│			
9	12 X	M6 x 40 Hex Bolt				
10	12 X	M6 SS Spring Washer		_		
11	12 X	M6 x 19 x 1 SS Flat Washer				
12	2 X	M6 x 30 Button Head Bolt				
13	1 X	Installer Wrench)			





2 FIT AND SECURE FOOT RAIL 2.4 Place a bead of silicone around each of the 3 θ Θ Jack Nut openings inserted earlier 8 in 2.3. To fit the Foot Rails (Item 1LH & 1RH), place the Spacers (Item 2) over the Jack Nuts inserted in 2.3, followed by the Foot Rail (Item 1). 10 Place silicone on the threads of the M6 x 40 Hex Bolts and secure the Foot Rail using 11 M6 SS Spring Washers and M6 x 19 x 1SS Flat Washers (Items 9, 10 & 11) as shown. Do this on both the left and right side of the vehicle. Finish off by placing M6 Nut Caps (Item 8) on the M6 Hex Bolt heads. 10mm 2 間



4.1

COMPLETION

Congratulations! You did it. Take a step back and admire your work!





INSTALL OTHER VEHICLE AND RACK ACCESSORIES

Now's the time to visit your favorite Front Runner Dealer in person or online.

IMPORTANT!

FRONT RUNNER RACK KITS OFTEN HAVE A HIGHER LOAD RATING THAN THE VEHICLES THEY ARE MOUNTED TO. PLEASE REFER TO YOUR SPECIFIC VEHICLE MANUFACTURER FOR A RECOMMENDED ROOF RATING. FRONT RUNNER CANNOT BE RESPONSIBLE FOR IMPROPER LOADING BEYOND THE VEHICLE MANUFACTURER'S STATED LOAD CAPACITY.

Be sure to tag us. We love to see our gear in action! #FrontRunnerOutfitters #BornToRoam

Share your adventures on: 🖸 🛉 🈏 🎯